



**PERSONAL DETAILS FORM**

PLEASE COMPLETE THIS FORM AS FULLY AS POSSIBLE

Name \_\_\_\_\_

Address

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date of birth \_\_\_\_\_

Home Telephone Number \_\_\_\_\_

Mobile Number \_\_\_\_\_

Email address \_\_\_\_\_

Next of kin / Emergency Contact - Name and Telephone Number

Name \_\_\_\_\_

Can you tell us a little bit about your running and any goals you may have?

\_\_\_\_\_  
\_\_\_\_\_

Do you currently have any medical conditions that may affect your running, or participating in physical activity?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are you currently taking any medication of any kind? If so, please list below and for what condition / purpose?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



Have you ever suffered from any physical or mental conditions that may have affected you in the past and / or may affect you in the future?

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If applicable, and known, please enter your PB (personal best) times below

5 Km \_\_\_\_\_ ½ Marathon \_\_\_\_\_

5M \_\_\_\_\_ 15 Miles \_\_\_\_\_

10 km \_\_\_\_\_ 20 Miles \_\_\_\_\_

10 Mile \_\_\_\_\_ Marathon \_\_\_\_\_

Other times \_\_\_\_\_

For ease of payment members can now pay their annual membership fees direct to the Dover Road Runners Lloyds Bank account. Account details are as follows:-

Account number 03198010

Sort Code 30 -93 -34

If renewing your membership, reference to be shown as your England Athletics Registration Number

Alternatively payment can be made by cheque and handed to Phil Coleman.

Please indicate below how you will be paying your membership fee

Bank Transfer ( )

Attached Cheque ( )

**I hereby declare the above is true to the best of my knowledge, and should anything change, I will notify Dover Roadrunners AC accordingly:**

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_